

1st July 2025 – 31st July 2025

Training Given:

A First Aid and CPR training was held on **29/07/25** for 250 Ganpati Mandal volunteers at Mahakavi Kalidas Natyamandir, Mulund (W).

The session was conducted by Dr. Veda (Assistant Professor, General Surgery) and Dr. Shwetangi (Senior Resident, Community Medicine) from Lokmanya Tilak Municipal Medical College & General Hospital, Sion.

Volunteers were trained in managing burns, bleeding, and fractures, along with a hands-on CPR session, preparing them to respond effectively during the upcoming Ganeshotsav.



CPR training given by Dr. Shwetangi, Senior Resident

Field Activities

a. i) World Population Day awareness activity at RHTC Vashind-

On Friday, **11th July 2025**, a health talk was conducted at the Rural Health Training Centre, Vashind to mark the occasion of World Population Day. Total beneficiaries were 70-80

The session focused on the following key topics:

1. The impact of population growth on society and resources
2. The importance of family planning for population control and its health benefits
3. Issues of overcrowding and its consequences
4. The broader effects of overpopulation on health and well-being

18 beneficiaries were benefited by the activity



Health talk by residents and interns on World Population Day-RHTC

ii) World Population Day awareness activity at UHTC, Dharavi

On the occasion of World Population Day, a health education session was conducted on 11th July 2025 at the Urban Health Training Centre, Dharavi. The health talk was given by Dr Shubham Dugamwar and was directed to raise awareness about population-related issues and the importance of family planning and sustainable development. Total beneficiaries were 20-30.

Topics covered during the session:

1. Rising population of the country.
2. Challenges faced by health care system to cater the growing population
3. Role of education and community participation in population control.



Health talk by resident and interns on World Population Day

b) On Wednesday, **2nd July 2025**, an **Antenatal Care (ANC) health check-up camp** was conducted at the Rural Health Training Centre, Vashind. As part of the Camp a health education session was organized , featuring an informative health talk.

The session covered the following major topics :

- * Importance of timely and routine antenatal visits
- * Importance of nutrition during pregnancy
- * Insight into essential diagnostic tests and prenatal screenings
- * How to identify early warning signs during pregnancy
- * Common maternal health issues and how to manage them

A total number 16 Pregnant women were benefited by this activity



Residents and Interns giving health education

c) World ORS day-29th July 2025

On the occasion of World ORS Day, a health education session was conducted at Rural Health Training Centre, Vashind, where a health talk was delivered.

Topics covered –

1. Introduction to diarrheal diseases and the importance of ORS
2. Causes and risk factors of dehydration in children and adults
3. Signs and symptoms of dehydration
4. Preparation of ORS at home and correct method of administration
5. Prevention of diarrheal diseases through safe water, sanitation, and hygiene

A total of 19 beneficiaries were present.



Residents & Interns giving health talk on occasion of World ORS day.

d) Dr Sujata Pol judged the Essay competition of ORS day organized by Dept of Pediatrics LTMMC GH Sion.

e) Visit to Anganwadi in Vashind on 31st July 2025.

Visit to Anganwadi in Vashind on 31st July 2025 by residents and reviewed supplementary nutrition, growth monitoring, immunization records, and pre-school education activities.



Visit to Anganwadi in Vashind by Residents

5) Other activities-

Dr Sujata Pol judged the Essay competition of WBW 25 organized by Dept of Community medicine RGMC Kalwa.

Update from 1st June to 30th June 2025

A. Special activities:

Number of Blood Donation Camps “ 5

1. Medical Camp Organized at Mantralaya Canteen, Mantralaya Mumbai. On 14.06.2025 between 10:00 am to 05:00pm (Saturday) Number of beneficiaries were 107.



2. MANAV SEVA SANGH BLOOD DONATION CAMP

Venue: Manav Seva Sangh, Mumbai,

Date: 15.06.2025 between 7.30 am 06:00pm

Organizer: Sunday Friends.

Number of beneficiaries: 1500

Camp Photos:



3. International Yoga Day 2025 Celebration in Collaboration with Brahmakumaris Venue: Dhanvantari Hall, Room no:111, Department of Community Medicine

LTMMC & GH, Sion, Mumbai – 22 on 20/06/2025 during 2:00 pm to 4:00pm

Total Beneficiaries: 53



YOGA SANGAM™ EVENT, Ministry of AYUSH, 2025

Venue: Dhanvantari Hall, Department of Community Medicine

Date : 21/06/2025

Time: 08:30 am to 10.00 am

Total Beneficiaries: 63

1. UHTC workload with special activities:

Daily OPD of around 100-120 patients, daily immunisation of 15-20 children. ICTC & NTEP testing done daily free of cost. Malaria screening offered to each fever case as per guidelines. Wellness clinic operational on daily basis; physiotherapist and ECG tech available. Dietician to be appointed soon. Diabetes screening done of all adult patients above 30 by RBS testing.

2.? ??Mobichikitsa: daily screening of all patients visiting UHTC. All vitals recorded. ABHA registration done of patients on the spot. Patients seen via token system. Doctors using mobile tablets to see patients.

4.? ??ICMR Respiratory Tract Infection project ongoing.

5.? ??Dengue project started and ongoing

III. SPECIAL ACTIVITIES

1. On the occasion of Environment Day, a health education session was conducted on 12/06/2025 at Rural health training center, Vashind where health talk was given.

Topics covered-

- 1) Air pollution and respiratory health
- 2) Water pollution and water borne diseases
- 3) Sustainable living and health

4) Waste management and disposal

5) Harmful effects of plastic usage

No. Of beneficiaries- 20

In order to celebrate Environment day, plantation of a sapling was done around the premises of Rural health training center, Vashind.



Plantation of a sapling

2. On the occasion of 'World No Tobacco Day, a health education session was conducted on 13th June 2025 at the Rural Health Training Centre, Vashind. The session focused on spreading awareness about the harmful effects of tobacco use and encouraging cessation.

Topics covered during the session:

1. Awareness about health complications caused by tobacco use
2. Information about different types of tobacco products and their misuse
3. Understanding cessation behavior and motivation to quit. Number of beneficiaries: 18



Health education session

3. On 17/6/2025, on the occasion 1st day of the Prime Minister's Dharti Aaba Janjatiya Gram Utkarsh Abhiyan (PM-DA-JGUA), a visit was conducted in Gram Panchayat Awale, Upakendra Awale (Sub-center).

This is a flagship mission of the Government of India dedicated to holistic development and benefit saturation across tribal regions where people are encouraged to make various cards such as Aadhaar cards, Ration cards, Ayushman Bharat health cards, Kisan Credit cards, and PM-KISAN scheme enrollments.

Our team did the following:

- 1) Interaction with the tribals
- 2) Stable bleaching stock inspection
- 3) Sub-center Awale building inspection
- 4) Provided valuable guidance on the monsoon preparedness and epidemic prevention measures

Locals present at site: 30



4. On 18/06/2025, ANC health check-up camp was held at Rural health training center, Vashind where health education session was conducted and health talk was given to the pregnant females.

Topics covered-

- 1) Importance of nutrition during pregnancy
- 2) Importance of regular antenatal check-ups
- 3) Understanding various tests and screening during pregnancy
- 4) Recognizing warning signs during pregnancy
- 5) Understanding pregnancy related complications

No. Of beneficiaries- 32



Health education session

5. On the occasion of International Yoga Day (20/06/2025), a yoga session was conducted at the Rural Health Training Centre, Vashind. Residents, staff, and interns actively participated in practicing various asana, promoting the importance of physical and mental well-being.

Theme: "Yoga for One Earth, One Health"

Total participants: 17

IDY handbook and video from Government of India on Common Yoga Protocol (CYP) was used as a source of learning and for performing various asanas



6. On 23/06/2025, RHTC Vashind launched the Monsoon-Related Diseases Awareness Month to spread awareness about common seasonal illnesses and their prevention.

As part of this initiative, an awareness activity was conducted at Vashind Railway Station, where information was shared with the gathered citizens regarding monsoon-related diseases such as dengue, malaria, chikungunya, leptospirosis, along with preventive measures

Total beneficiaries: 110



7. On Wednesday, 2nd July 2025, an Antenatal Care (ANC) health check-up camp was conducted at the Rural Health Training Centre, Vashind. As part of the Camp a health education session was organized, featuring an informative health talk.

The session covered the following major topics:

- * Importance of timely and routine antenatal visits
- * Importance of nutrition during pregnancy
- * Insight into essential diagnostic tests and prenatal screenings
- * How to identify early warning signs during pregnancy
- * Common maternal health issues and how to manage them

Total number of beneficiaries: 16



Update from 1st May to 31st May 2025

A. Special activities:

1.A Tobacco Cessation Counselling awareness Programme on occasion of upcoming World No Tobacco Day 31st May 2025 celebrated on the theme - "Unmasking the Appeal: Exposing industry tactics on Tobacco and Nicotine products."

A Health education activity including a street play performance and Health talk was delivered on 28/05/2025 from 11 am to 11:45 am depicting tobacco related harms, complications, management, counselling and refusal life skills.

A Street play was conducted at two locations- Patient waiting area in front of psychiatry department and OPD registration area in front of NCD OPD 19. It was followed by brief counselling sessions by psychology students.

Junior Resident from Psychiatry department Dr Pranil gave a health talk on the tobacco cessation methods and alternatives. Role of Tobacco cessation counselling centre at Sion hospital was also highlighted through the street play. Dr Sagar sir and Dr Vishakha mam from Psychiatry department also gave their valuable inputs. A total of 238 patients, relatives were benefitted by the activity.



2. On the occasion of International Day of Action for Women's Health 2025, a series of awareness sessions were conducted on 28/05/2025 and 29/03/2025 at Rural health training centre, Vashind where health talks were given.

Topics covered-

- 1) Menstrual health and hygiene
- 2) Pregnancy care and breastfeeding
- 3) Breast cancer awareness
- 4) Steps for performing self-breast examination
- 5) Cervical cancer prevention and importance of screening

No. Of beneficiaries-29



3 Inauguration of Palliative care OPD in collaboration with Romilla Palliative care SNEHA was done on 25 th February 2025. It will be an afternoon OPD run twice a week at New OPD building LTMGH, Sion.

C. Training-

Dr Pallavi Shelke Prof (Addl) completed the “Certificate course in Palliative care”™ (CCPC) conducted by Public Health Foundation of India (PFHI)

World Breast Feeding Week celebration “ July 2024

The World Breast Feeding Week celebration is conducted every year in the month of August. The activities are carried out from the month of July onwards.

This year the Residents from Community Medicine dept participated in the Street play which was guided by Dr Sujata Pol Prof Addl. Our Residents won the Third Prize in the competition on the occasion of World Breastfeeding Week 2024.

The Residents also participated in the Poster competition which was done by Dr Shraddha Rasage under the guidance of Dr Sujata Pol and she had bagged the First Prize in the poster competition.

Congratulations to all of them and to Dr Sujata Pol.

1.Third prize in the Street play competition-

- Dr Sukanya Gupte
- Dr Nikita Dhadi
- Dr Shraddha Rasage
- Dr Ravi Sapkal
- Dr Tarjnee Tiwari
- Dr Sudhakar Rathod

2. Won first prize in the Poster competition

- Dr Shraddha Rasage









Certificate of appreciation to Dr Pallavi Shelke

Dr Pallavi Shelke, Additional Professor, Preventive and Social Medicine, LTMMC & GH, received Certificate of appreciation for her exceptional contribution in the towards TB Free status in Thane, Maharashtra.

[The Certificate of appreciation \(Please click on link\)](#)

THE DEPARTMENT OF COMMUNITY MEDICINE

The Department of Community Medicine offers comprehensive healthcare services like curative, preventive and promotive services at Urban Health Centre Dharavi and Rural Health Training Centre, Vasind. More than 18,476 adult patients and 1,893 pediatric patients were given healthcare services in the last year in UHTC, Dharavi. 23,582 beneficiaries were provided Comprehensive healthcare services at Rural Health Training Centre, Vasind. The Department is also playing a major role in planning and coordinating health camps.

Integrated Disease Surveillance Program is another crucial activity that is for reporting all the patients with monsoon related disease and specifically Covid-19, since 2020. Total 1647 Covid-19 positive patients were admitted and treated in L.T.M.M.C. & G.H. from 1 st January 2021 to 31 st December 2021. Total 1118 Covid-19 positive patients were discharged from L.T.M.M.C. & G.H. in that duration.

To combat Covid-19 disease and as a part of control measures against Covid-19, vaccines have been launched all over India and in L.T.M.M.C. & G.H, Sion vaccination drive started from 16 January 2021. Total 1,85,859 beneficiaries were given vaccines from Covid Vaccination Centre, Sion from 16 th January 2021 to 31 st January 2021.

Along with these port-folios; Department of Community Medicine also looks after Internship program of LTMMC & GH, Sion-22 as well as conducts various Health check-up and Emergency camps.

TRAINING PROGRAMMES: 1. Training Program for Covid Vaccination was conducted by MCGM (F South) in co-ordination with Department of Community Medicine for Health Care Workers, Data entry Operators and Volunteers of Vaccination Centre. 2. Training for Covid

Vaccination was also given at the institutional level to Resident Doctors, Intern Doctors, Nursing Students.

OTHER ACTIVITIES:

Department of Community Medicine was involved as a Verification team in verification of TB free claim under sub-national verification in two districts i.e Centenary and Ghatkopar districts from February 2021 to March 2021. The Department of Community Medicine also did Sero-Survey-5 of MCGM to detect presence of Covid antibody levels over the period of 6 months.

Mahad Flood Medical Relief Camp By LTMG Hospital team

Due to the heavy rainfall in the month of July many parts of the Maharashtra state were facing flood situations. The districts like Raigad, Kolhapur, Sangli and others were particularly affected. Raigad district had seen landslides and severe flood in some of the areas, where many people lost their lives and livelihoods. Mahad city and Chiplun also saw severe rainfall and flooding in the entire city for over two days from 21/07/2021 to 23/07/2021 causing extensive loss of precious lives, belongings and livelihoods in the unfortunate incident.... [Read more](#)

January 2020

Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine was involved in the activities as follows:

Date	Details	VENUE
3/1/2020	Coordination of camp for the Central Industrial Security Force and guidance advised	Department of Community Medicine, LTMMC
6/1/2020	Coordination of Hukumraj Mehta camp	UHC , Dharavi
9/1/2020	Organisation of guest lecture on Up gradation Of Medical System With Love And Mind Management taken by Dr Huzan Daver ,Social scientist from Australia. Media coverage on Zee 24 Tas.	Department of Community Medicine, LTMMC
16/1/2020	Meeting with SNEHA (Society for Nutrition , Education and Health Action) for finalizing and submission of proposal of RKSK (Rashtriya kishor Swasthya Karyakram) to be rolled out in health care delivery system of M.C.G.M at all three levels	Department of Community Medicine, LTMMC
17/1/2020	In view of Road safety week camp was organized by Department of R.T.O along with Ophthalmology, Community Medicine and Medicine department . Health education activity	Department of Community Medicine, LTMMC

	was conducted on tobacco and alcohol consumption , its hazards and its prevention.	
20/1/2020	Meeting regarding finalization of teaching programme for Department of Community Medicine, OT/PT, MSW, for which all the respective HODs and faculties of community medicine were present to structure Sociology lecture as part of the MUHS syllabus	Department of Community Medicine, LTMMC
21/1/2020	Meeting regarding health checkup programme at Gokhale College of Education and Research for B.Ed studies to have a health checkup programme and hemoglobin checkup, and health education	Department of Community Medicine, LTMMC
24/1/2020	Meeting regarding health check up camp at Bhuta School, Sion	Department of Community Medicine, LTMMC

MUHS university practical exam was conducted as follows-

Date	Convenor	Internal Examiner
7/01/2020 to 9/01/2020	Dr Vijay Singh, Prof. (Addl)	Dr Satish Mali
13/01/2020 to 15/01/2020	Dr. Seema S. Bansode Ghoke (Prof. & Head Dept. of Community Medicine)	Dr. Pallavi Shelke, (Associate Professor)

August 2019 - Special Activities

[Please click here to view activities](#)

July 2019 - Special activities

Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine was Invited as a **judge for the Street play competition on World Breastfeeding Week** 2019 celebration on 18/07/2019 in Dept. of Community Medicine which was organized in college in collaboration with Dept. of Obstetrics & Gynaecology.

HOD Madam attended various important meetings as follows:

Date	Details	Venue
11/07/2019	Maternal Near Miss review committee	Dept. of Obst. and Gy..
08/07/2019	As per instructions of the Dean & AMC Western Suburbs with the team from Bangalore Municipal Corporation, Dr. S.P Shrinivas, Advisor to NHM regarding the orientation of activities of UHTC, Dharavi to him and his team members.	Urban Health Training Centre (UHTC), Dharavi
11/07/2019	School Health Services for Our Lady Of Good Council School to conduct school health check-up program for approximately 3500 children.	Our Lady of Good Council School
11/07/2019	Secretary, Ambika Yoga Kutir, their representatives and representatives from Nursing, OT, PT Departments to organize the Yoga Program at Institutional level and submit the plan of action to Dean sir.	Department of Community Medicine
12/07/2019	With representatives of Doctors from UK on teaching and training UG & PG students on developing Medical Technology of development of an App related to the health of Mothers and Children.	Department of Community Medicine
19/07/2019	DAC meeting of PhD students	Tata Institute of Social Sciences

Dr Vijay Singh, Prof. (Addl) was invited as **Guest speaker** for "Research Methodology Fellowship Course" for Indian Dental Association held on 29th July 2019 at Dr. A. P. J. Abdul Kalam Education & Research Center and Superspecialities Dental Clinic, Mumbai.

Dr Vijay Singh, Prof. (Addl) gave **Orientation training on HIMS** for Newly admitted Post Graduate students of Medicine Dept. LTMMC & GH, on 23rd, July 2019.

Dr Sujata Pol, Asst. Prof. was invited as a **judge for ORS jingle competition** organized by the Paediatric dept. on 24th July at LTMMC Sion

Dr Manisha Assoc. Prof. & Dr Sujata Pol, Asst. Prof. gave **SDSU orientation** to New Post Graduate students of Medicine Dept. LTMMC & GH, on 23rd, July 2019.

April 2019 - Special activities

Dr. Seema Bansode-Gokhe (Prof. & Head)

i. Invited as Research Expert at Thakur Institute of Management Studies & Career Development & Research for NAB.

ii. Invited as a Subject Expert by Dept of OBGY, LTMMC for Maternal Near Miss Review committee of ICMR Pandit Project, "Maternal Near Miss Review Committee Meeting by NIPRRH (ICMR) on 11th April, 2019.

iii. Attended UG Curriculum meeting in Dean's chamber on 1st April, 2019 for CISP (Curriculum Implementation Support Program) for MBBS as per New MCI Guidelines.

iv. Worked as Coordinator in collaboration with Dept of Anaesthesia for LOKSABHA Election 2019 related works.

v. Invited as an External Examiner for PhD thesis viva at Tata Institute of Social Sciences on 22/04/2019.

vi. Appointed as a coordinator for Sports & Extra-Curricular activities and member of Sub Curriculum committee under CISP as per New MCI guidelines.

vii. Attended meeting at JJ Hospital on 23/04/2019 to discuss and plan the CISP as per New MCI guidelines for 1st MBBS to developed uniformly for colleges of Mumbai and Navi Mumbai and Competency-based Curriculum.

Dr Vijay Kumar Singh (Prof Addl.)

i. Attended Govt Medical College, MK Bhavnagar University, Bhavnagar, Gujarat, as an Examiner for MD Community Medicine on 10th & 11th April, 2019.

ii. Attended KJ Sommaiya Medical College on 23/04/2019 (11am to 4pm) as a Subject Expert in the subject of Community Medicine for the staff selection of faculty members.

Dr. Pallavi S Shelke (Associate Professor)

i. High Intensity Focussed Ultrasound (HIFU) session was organised for Anganwadi Workers in collaboration with Department of Radiology, LTMMC, Sion and ICDS, GOI at Urban Health Centre, Dharavi on 23rd, 25th & 26th of April, 2019, regarding management of Menorrhagia due to Uterine Fibroids by HIFU as a treatment modality, conducted by Dr Vivek, Associate Professor, Department of Radiology and attended by Dr Pallavi Shelke (Associate Professor).

Dr Sujata Pol (Asst Professor)

i. Performed a dance in cultural activity of College foundation program on 24 th April.

1st September to 31st September 2018

Special activities: (organized CME/seminar/quiz/ Guest Lecture etc.)

RNTCP Training for RMOs, SMOs n Interns was conducted by Dr. Pallavi Shelke, (Associate Professor) under the guidance of Dr. Seema Bansode-Gokhe (Prof. & Head) on 7th September 2018 (1.30 to 4.30 pm) at lecture hall , first floor, Dept. of Community Medicine. Participated as Chief Guest in a programme organized by MDAG and MCGM for advocacy and stigma discrimination on HIV/ AIDS. This programme was organized for health care promotion.

Dr. Vijaykumar Singh, (Prof.- Addl), Dr. Pallavi Shelke, (Associate Professor), Dr D H Rao, Dr Subita Patil Asst. Prof. and Dr Sujata Pol Asst. Prof. were the resource person for **MUHS approved Basic Research methodology workshop** for Residents of LTMMC from 25th to 27th September 2018.

Nutrition Mela was organized in collaboration with ICDS project Dharavi and Food and science dept of BMN college, SNDT unit, Wadala. Twenty students of dietetics participated in Nutritious recipe competition. Total 55 Anganwadi workers participated in the programme and answered quiz related to balanced diet and healthy cooking habits on 7 th September 2018. The judge for the competition were Dr. Seema S. Bansode Gokhe. Mr. Tirath sir CDO at Dharavi, generated donation of Rs. 10,000 for the nutrition mela, which was very successful programme. The programme was successful by the efforts of Dr. Pallavi (RMO), Dr. Deepak (RMO), Dr. Divya (SMO)

Leprosy and skin disease survey in collaboration with National Leprosy Eradication Programme (NLEP) and Bombay Leprosy Project (NGO) from 24 th September to 9 th October 2018.

PG MUHS university seminar on the topic was conducted on “**Doctor-Patient relationship**” under the guidance of Dr Manissha Srivastav Assoc. Prof. on 18th September.

Special activities - {1st August to 31st August 2018}

1.Special activities: (organized CME/seminar/quiz/ Guest Lecture etc.)

The Department of Community Medicine along with Mumbai Breastfeeding Promotion Committee (MBPC) conducted the **World Breastfeeding Week 2018 Inauguration** programme on 2nd August 2018 at Main Auditorium of LTMMC & GH Sion. **Dr. Archana Bhalerao, Chairperson, Public Health Committee MCGM was the Chief Guest of the program. Dr Avinash Supe**, Director (ME & MH) & Dean, Seth GSMC & KEMH and **Dr Padmaja Keskar**, Executive Health Officer, MCGM were the **Guests of Honor. Breastfeeding: Foundation of Life** was the theme for 2018. Dr. Seema S. Bansode Gokhe Prof. & Head, Dept. of Community Medicine , President MBPC was the Chief Coordinator and Dr. Sujata Pol, Jt. Secretary was the joint coordinator of the program. The program was a grand success.

Three **Breastfeeding awareness sessions** were conducted by the Resident Medical Officers of **UHTC**, Dharavi under the guidance of Dr. Seema Bansode-Gokhe (Prof. & Head), Dr. Vijaykumar Singh, (Prof.- Addl), Dr. Pallavi Shelke, (Associate Professor), Dr. Payal Laad (Assistant Professor), Mr. Ram Meghare (CDO), Mr. Tirath Singh Arora (MSW) at Immunisation OPD, Urban Health Training Centre, Dharavi on 01/08/2018. This program benefited approximately 20 women.

NCD training program & A training program on **IYCN** was conducted for **ASHA workers** on 30.08.18 at RHTC Vashind Residents posted at RHTC did the job of training under the guidance of Dr. Seema S. Bansode Gokhe Prof. & Head, Dr Vijaykumar Singh, Prof. (Addl) & Dr Satish , Asst. Prof. Dept. of Community Medicine.

The cultural program **“RIMZIM”** was held on 10th August at Main Auditorium of LTMMC Sion. Dr Pallavi Shelke and Dr Sujata Pol did the performance in the program. It was very well appreciated.

Dept. of Community Medicine provided Medical support **Mumbai Ultra “The 12 hour Run** which was held on **15th August 2018**. There were 30 doctors present at the site. There were 400 runners, however, no casualty was reported. The support was highly appreciated by the organizers. Dr Pallavi Shelke, Assoc. Prof. Dept. of Community Medicine coordinated the event under the guidance of Dr. Seema S. Bansode Gokhe Prof. & Head, Dept. of Community Medicine.

Dr Vijaykumar Singh, Prof. (Addl) organized **MUHS approved Basic Research methodology workshop** for Residents of LTMMC from 5th to 7th August 2018 and took the sessions.

PG MUHS university seminar on the topic was conducted on **“Health Policy :Processing and Implementation”** under the guidance of Dr D.H Rao Assoc. Prof. on 18th August.

An **educational visit to “Epidemiology cell, City bureau, Central malaria Lab”** at Kasturba Hospital was held on 23rd August for the PG students of Community Medicine under the guidance of Dr. Seema S. Bansode Gokhe Prof. & Head & Dr Pallavi Shelke, Assoc. Prof. Dept. of Community Medicine. Dr Sujata Pol coordinated the visit and accompanied the students.

Special Activity – 1st January to 31th January 2017

Special activities: (organised CME/seminar/quiz/ Guest Lecture etc)

Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine submitted the report of Research Project – **Study of the Morbidity Pattern in the MCGM Health care facilities of City of Mumbai** to the Director, ME & MH and it was highly appreciated. It was submitted to AMC, WS for further approval.

Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine was invited as Special invitee by Dept. of Paediatric for the program of Felicitation of SAM & MAM at NRRC, UHC Dharavi on 25th January 2018.

Dr Tipre the head of IEC dept. of MCGM organized the **training on – Cause of Death** for staff at Sion between 17-19 January 2018. Dr B B Adsul & Dr Payal coordinated for conducting the same. All staff from Community Medicine dept. attended the Training.

National Anti-Leprosy Day was observed at UHTC Adult OPD in collaboration with Bombay Leprosy Project. Posters, Display of rehabilitative measures like slings, MCR chappals, Health education imparted to OPD attendees and their relatives. on 30.01.2018

Dr Pallavi Shelke was the speaker for the topic on Informed Consent Documentation **GCP workshop**, NiTi, Independent Ethics committee and Samiksha, Institutional Ethics Committee, Thane on 27.01.2018 at Hotel Maria, Majiwada Naka, Thane.

Dr Vijay Singh was the Convener & Dasi Rao was the internal examiner for **MUHS III/Ist MBBS practical exam** held on 8-11th January 2018. Dr Sujata Pol worked as expert in the above exam.

Dr Sujata Pol arranged the team for school health check up at M V Bhutta school on 30th January under the guidance of Dr Vijay Singh & Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine.

Dr. Seema Bansode-Gokhe

Special activities: (organised CME / seminar / quiz / Guest Lecture etc):

- a) Development of App on Mobile Devices in Joint collaboration with TIMSCDR & Joint Chief PO.
- b) Organised lecture of PCO on Prevention & Control of Dengue & Malaria for P.G students & nurses.
- c) Introduction to Four Dimensional – Immunisation Clinic – by Dr. P. Gangal, President, BPNI, Maharashtra for PG students.
- d) Panel Expert for Interview of Lecturer on 19th November, 2016 at M.G.M. College.
- e) Still Birth audit meeting on 2nd December, 2016.
- f) HIV/AIDS Workshop for PG students & faculty in Mumbai & Navi Mumbai on 16th & 17th December, 2016.
- g) RM workshops all organised by our department
- h) Panel expert for Best Resident Award Interview at Seth G.S. Medical College on 02nd January, 2017.
- i) Departmental Review Board for synopsis of 1st Year P.G. students.
- j) PhD Thesis evaluation of students of TISS, Deonar from 26th to 30th December, 2016.
- k) Participated in an ongoing – App – development on Vector Borne Disease in collaboration with MCGM and Thakur Institute of technology.
- l) **Panel Expert for conducting interviews of MPH in Social Epidemiology at TISS** from 11th March to 17th March 2017.
- m) Conducted postgraduate seminar on **Disaster Management & Preparedness**. Mr. Lokhande, Mr. Narvekar, and Dr. Swati & Dr. Ajay participated in the seminar. Special session on demonstration of Fire extinguisher

was also done at the campus in front of Canteen.

- n) Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine was the **Panel expert in the CME on TB** organised by Chest department on 21st March in view of World TB day.
- o) Was the chief Guest for the program of International Womens day organised by School of Nursing on 8th March and also judged the poster competition of nursing students on the occasion of **International Womens day** on 7th March.
- p) Was the judge for Poster competition in the **TRINITY** on 3rd March 2017.
- q) Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine along with Dr D.H. Rao Asso. Prof. was Panel Expert in the Seminar on National Health Policy organised by Dept of Community Medicine of Seth GS medical college Parel on 22nd April 2017.
- r) Headed the team of health staff of Sion hospital for Multi-speciality Mega Health camp on 16th April 2017, at Ghatkopar.
- s) Judged the essay competition for nursing students on occasion of World Health Day organized by Dept of Community Medicine held on 6 April 2017
- t) Participated in the World Bank study of the **World Bank group**, accessing Public Health services of living Life project- Global Indicators group- Development Economics. The indicator studied were regarding requirement, processor, time and cost of getting the things done in the public sector in the cross-country contacts which include assess the health services.
- u) Was invited as a panel export for conducting **interviews for a medical officer for ART OPD** by paediatrics department. And also reviewed the project of DPH student.
- v) Was selected as a president of Mumbai Breast feeding promotion committee of India for 2 years on 12th June 2017.
- w) Invited to be a member on the Advisory board of Adverse Drug Reactions Bulletin at LTMMC & GH on 13th June 2017.
- x) Worked as MUHS Internal Examiner for DPH Practical Exam at TNMC Nair Hospital on 19 & 20th June 2017.
- y) MegaHealth check-up camp was arranged at Tansa Dam for BMC workers on 24th June 2017 under guidance of Dr. Seema Bansode-Gokhe Prof.& Head Dept. of Community Medicine & Dr. Suleman Merchant Dean LTMMC & GH, Sion Mr. Ram Meghare mobilised sponsorship from Rotary Club.150 raincoats were distributed to workers.

Dr.Vijaykumar Singh, Addl.Prof.

Special Activities:

- a) Conducted and organised MUHS approved two research methodology workshop for residents and teaching faculty at LTMMC & GH, on 20/09/2016 to 22/09/2016 and 25/10/2016 to 27/10/2016
- b) Guest Lecture: As resources person for MET workshop at Hinduja Nursing Institute, Andheri on 18/10/2016 on topic "Assessment method in medical education Effective feedback and evaluation of Mirco teaching.
- c) Guest Lecture: As resource person for research methodology workshop on 20/09/2016 at LTMMG on Topic - Study Designs.
- d) Guest Lecture: As resource person for research methodology workshop on 25/09/2016 at LTMMC on Topic " Evaluation of diagnostic test.
- e) Participated ongoing "App" development on Vector Borne Disease in collaboration with MCGM and Thakar Institute of technology.
- f) Participated in department committee review board for projects approval of nursing students at LTMMC on 27/10/2016.

- g) Organised Nutrition education and cooking demonstration session for mothers under 5 childrens on 6th/27th Dec 2016.
- h) Organised the **Research Methodology workshop** for PG students of LTMMC Sion between 15- 17 March 2017.
- i) Dr Vijay Singh, Prof (Addl) & Dr D.H. Rao Asso. Prof. Supervised and actively participated in Multi-speciality Mega Health camp on 16th April 2017, at Ghatkopar.
- j) Organised **World Health Day** Prog on 7th April 2017 in the dept under guidance of Dr Bansode, Prof & Head.
- k) Organised the **Research Methodology workshop** for PG students of LTMMC Sion between 19- 21 April 2017.
- l) Dr.Vijaykumar Singh, Professor Addl. Was a Guest speaker as resource person for Research Methodology Workshop on 10th April,2017 at R.A.Poddar Ayurvedic college worli , Mumbai and at UHTC Dharavi on occasion of World health day celebrated on 13th April 2017.
- m) Was Guest lecture as guest faculty for MSc. Nursing students on 29th at Tata Memorial Nursing Institute at Tata Memorial Hospital, Mumbai
- n) Gave a lecture on Monsoon Related Diseases Management on 8th June at N ward.

Dr. Pallavi Shelke, Asso. Prof

Special Activities:

- a) Guest lecture in research methodology workshop organized by MEU for PGs,topic "review of a journal article(date 27/10/2016)
- b) Training of MSW students of Manipal university topic- functions of urban health training centre, Dharavi
- c) Participated in department committee to review projects of nursing students (27/10/2016)
- d) Organized nutrition education and cooking demonstration sessions for mother of under-5 children on 6th and 27th December 2016 topic- diet for pregnant women, low cost nutritious recipes
- e) Organised a Guest lecture on Diet and exercise given to 10 geriatric women along with Health Examination in Collaboration with Family Welfare Agency on 24th February.
- f) Conducted **Seminar** on "Geriatric Updates" for PG students on 18th March 2017 at LTMMC Sion.
- g) Organized World Health Day programme at UHTC Dharavi , a skit by student nurses and poster competition on theme for year 2017 Depression - Let's talk
- h) Dr Pallavi Shelke Attended Investigator's meeting and GCP Training at Radisson Blu, Dwarka, Delhi for "Phase III, Randomized, open label, double arm, multicentric study to evaluate the immunogenicity and safety of Meningococcal Polysaccharide Vaccine Group ACYW135 in 2-55 years of Indian Subjects, compared with MENOMUNE: A Prospective Study". 15 April 2017
- i) Gave a lecture on Monsoon Related Diseases Management on 5th June at T ward.

Dr. D.H Rao, Asso. Prof

Special activities:

- a) Invited as guest faculty for conducting session on medical epidemiology and human genetics for the students of PG diploma in hospital administration and healthcare at the Garware institute of career education and development at the university of Mumbai, Kalina campus (date 6/08/2016)
- b) Conducted **Internship Orientation Program** from 6th to 10th March 2017 under the guidance of Dr Seema S. Bansode Gokhe, Prof. & Head, Dept. of Community Medicine.
- c) Conducted postgraduate seminar on 15th April 2017. Dr. Jaishree & participated in the seminar.

Dr. Sujata Pol, Asst. Prof

Special activities:

- a) Lecture taken at Research & Methodology workshop at LTMMC Sion on following topic-
 - a. Qualitative research Methods
 - b. Literature search on 26th & 27th October 2016
- b) Participated in an ongoing "App" development on Vector Borne Disease in collaboration with MCGM and Thakar Institute of technology.
- c) Accompanied PG Students of Community Medicine Department to AIIPMR Haji Ali on 21st June 2017.
- d) Selected as a Joint Secretary of Mumbai Breast feeding promotion committee of India for 2 years on 12th June 2017.
- e) Gave a lecture on Monsoon Related Diseases Management on 13th June at M (east) ward.
- f) Took a lecture on "Literature Search" in research methodology workshop on 14th June.

Dr Manissha Srivastav, Asso. Prof.

Special activities:

Organised along with Dr. Subita, **International Women's Day** Program on 8th March 2017 in the dept and at RHTC, Vashind on 9th March 2017 under guidance of Dr Bansode, Prof & Head.

Dr. Subita Patil Asst. Professor.

Special activities:

- a) Conducted Elimination round for **IPHA 2017 Quiz** for III MBBS Part I students on 27th March. (Winners: Anju Phogat, Sasha Pereira)
- b) Was Guest Speaker during "Certificate course in preventive oncology" at Tata Memorial Hospital on 14th June 2017.
- c) Was Panellist for EPGDHA Course at TMH Parel for year 2017-18 on 15th & 16th June 2017.

Previous Special Activities

Department of Community Medicine & NSS Unit LTMGH with PHC Khardi

3 February 2010

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Department of Community Medicine & NSS Unit LTMGH

1 February 2010

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Help Your Body

15 January 2010

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LTMMC & LTMGH in collaboration with India First Foundation and Lions Club of Versova

19 December 2009

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Pulse Polio Program

19 December 2009

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Anti Dowry Week, a "Dowry Awareness Programme

4 December 2009

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World AIDS DAY, Rural Health Training Centre, Vaitarna, rally (including students from B.L. Sadgir High School

3 December 2009

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LTMMC visited Raja Shivaji Vidyalaya and IES Gujarati Medium School on 1st December, 2009 on the occasion of World AIDS Day

1 December 2009

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Gynecological health check up camp at Tembha village

24 November 2009

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School health check up at M.T. Bhuta English and Gujarati Medium School

17 November 2009

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The Nutrition Awareness Programme

30 September 2009

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[Perceptions on Violence against Women and Children and Existing Systems and Practices at LTMGH](#)

26 September 2009

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[Ophthalmic Check up Camp](#)

8 September 2009

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[Swine Flu Activities](#)

9 August 2009

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[Weekend Certificate Course of Leadership in Public Health Management.](#)

18 July 2009

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[Kripa Foundation celebrated International Antidrug Day](#)

26 June 2009

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[Reproductive Health and Fertility](#)

17 June 2009

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[Basic Course on Disaster Management](#)

7 June 2009

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[Jal Mela 2009](#)

6 June 2009

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[World Environmental Day](#)

5 June 2009

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[World No. Tobacco Day](#)

31 May 2009
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Training programme for the NGOs

1 May 2009

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Save Lives, Make Hospitals Safe In Emergencies

29 April 2009

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Adverse Events following Immunization

28 April 2009

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World Health Day

4 April 2009

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Activities at UHC, Dharavi - March 2009

2 March 2009

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Activities at UHC, Dharavi - February 2009

2 February 2009

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UHC Dharavi - January 2009

13 January 2009

May 2019 - Special Activity

Dr. Seema Bansode-Gokhe (Prof. & Head, dept. of Community Medicine)

- i. Was invited as **External examiner** for conducting PhD Thesis Viva at Tata Institute of Social Sciences, Devnar, Mumbai.
- ii. Worked as Co-ordinator at institutional level for election duties of Election Commission of India as per instructions of Dean.
- iii. Worked on project "Adolescent Health Initiative" (Rashtriya Kishori Swasthya Karyakram) of GOI to mainstream in Public Health care delivery system of MCGM in collaboration with SNEHA.

Dr. Pallavi Shelke (Associate Professor, Dept. of Community Medicine)

- i. Conducted geriatric health profile survey as a part of multi-disciplinary scientific research entitled "An epidemiological study of Sarcopenia in Geriatric population (60-70 years) and evaluation of nutritional and physical rehabilitative package for Sarcopenia in an urban slum."

June 2019 - Special activities

Dr Seema S. Bansode Gokhe (Prof. & Head, Dept. of Community Medicine)

- i. Organized **International yoga day** on 21st June 2019 in collaboration with dept. of physiotherapy, for staff members, nursing staffs and nursing students, OT, PT students, resident officers at institutional levels. Plan of action was prepared for conducting yoga activities regularly for all the staffs, undergraduates, postgraduate students, nursing students, OT, PT students, paramedical and administrative staffs of hospital and medical college submitted to dean sir in view of international yoga day celebration and to have it as a regular activity throughout the year.
- ii. Appointed as incharge of **Sports & Extra-curricular** activity and member of **Sub-Curricular** committee under CISP.
- iii. Conducted **MUHS examinations** of M.D. Community Medicine on 13th and 14th June 2019. Dr Sujata Pol, Asst. Prof. was expert for the exam.
- iv. Meeting with **SNEHA NGO** Representatives on 27th June 2019 regarding adolescent health project (**RKBSK**) and its future progress for further collaboration with Public Health Department MCGM.
- v. Attended meeting on **Maternal Near Miss Review** on 18th June 2019 in department of Obstetrics and Gynecology as Public Health expert.

Dr Vijay Singh, Prof. (Addl)

- i. Appointed as Member of **AETCOM**, Sub curricular, **Sports & Extra curricular** committee under **CISP**.
- ii. Appointed on **I/c Research Methodolgy Workshop** .LTMMC at MUHS by Dean on 24.06.19

Dr Pallavi Shelke, Assoc. Prof.

- i. Appointed as member of **Quality Control** under CISP.

Dr Manisha Assoc. Prof. & **Dr Satish Mali** Asst. Prof.

Appointed as a member of **Alignment & Integration** committee.

Dr Sujata Pol

- i. Appointed as a member of **Sports & Extra curricular** committee.
- ii. **Successfully Certified as International Board certified Lactation Consultant. (IBCLC) on 22nd June 2019.**

All staff actively participated in **Training of PMPs** on "Management of MRDs"™ that was organized by Public Health Dept., MCGM in month of June.